Constitutional Homeopathy: The cure above all

As the editor of Arogya, I am overwhelmed by the response we are receiving for the Arogya issues and I am very excited to present yet another copy. The beginnings of Arogya came from the idea of letting our beloved readers know about the latest happenings, developments and news at Homeocare International. Arogya has left no stone unturned in educating everyone about Constitutional Homeopathy which has been a game changer in our lives and many.

This copy of Arogya deals with our success stories and informative articles on Infertility; the problem, causes, symptoms, cure and how we, at Homeocare International are eliminating that problem with Constitutional Homeopathy. Homeocare International provides the World’s 1st Constitutional Homeopathy treatment for a series of chronic and untreatable diseases like diabetes, joint pains, infertility, asthma & allergy, obesity and more. It has been proven efficient because it focuses on treating the symptoms and the personality type of an individual rather than the disease itself. We at Homeocare International pray and hope you benefit from Constitutional Homeopathy and the informative articles of Arogya.

Dr. Rohit Morlawar
Deputy Managing Director

“Hello, I welcome you to another edition of our magazine with more happiness and sincerity.”

Editor’s Note

Co-Editors: Medical Audit Team
Chief Advisor: Dr. Sudheer Reddy

Design: White Thoughts & Branding
Homeocare International today is a family of 300+ experienced and dedicated doctors with more than 40 clinics across 5 South Indian states and 500 supporting staff. We are constantly driven towards a common goal of making India a land of healthy and happy people.

On this occasion I would like to thank all the staff and doctors for putting their effort in making Homeocare International, the most preferred homeopathy clinic to cure and treat innumerable chronic diseases.

We at Homeocare International are committed to provide the highest quality of healthcare to patients, we have seamlessly integrated traditional methods of homeopathy into the world-class and state-of-the-art infrastructure, cutting-edge technology and comprehensive information systems. Infertility is our latest breakthrough at Homeocare International, it has given us happiness to introduce 1 crore smiles at our recent Baby Shower event where we witnessed many families that were completed because of Constitutional Homeopathy. In this copy we discuss this issue at length and hope we can be of help.

Warm regards,

Dr. Srikant Morlawar,
Chairman & Managing Director
Homeocare International Pvt. Ltd.
“Arthritis” is a term, often used to mean any disorder that affects joints. It is predominantly a disease of the elderly, but it’s also affecting the younger generation because of a lot of changes in man’s lifestyle, food habits, working patterns, lack of exercise and excessive mental and physical stress even young people are also suffering more with some type of arthritis. It is more common in women than men at all ages, and race. Women who attained menopause are more likely to be affected by arthritis problem.

Arthritis includes inflammation of joints. There are more than 100 different types of arthritis. Common arthritis joint symptoms include swelling, pain, the stiffness of joints, decreased the range of joint movements. These symptoms may come and go. They can be mild, moderate and severe. Severe arthritis can result in chronic pain, inability to do daily activities and make it difficult to walk or climb stairs. Untreated or maltreated arthritis can cause permanent damage to joint and may lead to disability also, earlier diagnosis and treating with accurate homeopathic treatment can cure the diseases and protect the joint from further damage.

**TYPES OF ARTHRITIS**

1. **DEGENERATIVE ARTHRITIS:** Osteoarthritis is the most common type of arthritis. It refers to a group of conditions. Primarily involving damage to the cartilage that covers the ends of the bones. The main job of the smooth, slippery cartilage is to help the joint glide and move smoothly. It acts as a “shock absorber” and protects the joint from the tear. This type of arthritis causes the cartilage to become thinner and rougher.

To compensate for the loss of cartilage and change in joint function, the body begins to remodel the bone in an attempt to restore stability. This can cause undesirable bony growths to develop (osteophytes) which reduces the space between the articular bone causing severe pain and other inflammatory changes like swelling over the joint, stiffness and decreased mobility of its joint.

2. **RHEUMATOID ARTHRITIS:** It is an auto-immune disease, in which our immune system protects our body from infections by producing antibodies against the foreign substances which enters the body accidentally starts attacking our own body cells.

Individuals with an autoimmune disease have antibodies in their blood which target their own body tissues resulting in inflammation.

Rheumatoid arthritis is referred to as a systematic illness. Means it affects the entire body - multiple organs like lungs, heart, eyes etc. But as its affinity is more towards the joint - the synovial membrane of the joint gets more
affected, which results in painful swelling. That can lead to bone erosion and deformities. Eventually, the affected joints may become permanently damaged.

3. METABOLIC ARTHRITIS: Uric acid is formed as the body breaks down purines, a substance found in human cells and in many foods. Some people have high levels of Uric acid because they naturally produce more than needed or the body cannot get rid of it quickly enough (through urine). So, the increased levels of uric acid build up and form needle-like crystals in the joint, resulting in sudden spikes of extreme joint pain or a gout attack. At first, it mostly attracts the big toe, if not treated it may affect the remaining joints. If the uric acid levels aren’t reduced, it can become chronic, causing continues pain and disability.

4. INFECTIOUS ARTHRITIS: A bacterium virus or fungus entering the joint can sometimes cause inflammation. Organisms that can affect joints include.

- Salmonella and Shigella (food poisoning or contamination)
- Chlamydia and gonorrhoea (sexually transmitted diseases)
- Hepatitis C

If the infections persists for a long time they may cause irreversible damage to the joints.

5. PSORIATIC ARTHRITIS: It is a form of arthritis that affects some people who have psoriasis. Most people develop psoriasis first and get diagnosed with psoriatic arthritis, but the joint problems can sometimes begin before skin lesions appear.

HOMEOCARE INTERNATIONAL TREATMENT: Taking into consideration a patient’s constitution (means the nature of mind and body) Homeocare International treats a patient by its specific genetic Constitutional Homeopathic treatment. So that not only reduces the symptoms of arthritis, but also cures the disease permanently and protects the joint from further damage.
ARThRITIS

A 39-year female suffering from joint pains was cured within 10 months of treatment in Homeocare International. Now she can do her household work on her own. She is free from joint pains and she is living a happy life.

PATIENT TESTIMONIAL
An Osteoarthritic knee and Achilles tendinopathy patient started treatment at Homeocare International. This patient stands as an excellent example in treating complaints with Homeopathic medicine. His swelling, weakness, and pain got reduced completely.

**PATIENT TESTIMONIAL**

**TESTIMONIAL FORM**

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T: +91-22-46019612/2764 7444,
E: info@homeocare.in
www.homeocare.in

**PATIENT NAME:** B. RASHEED  
**PATIENT AGE:** 51 yrs  
**PATIENT ID NO:** IND BA 51  
**PROBLEM:** KNEE PAIN, HEAL & ANKLE PAIN.  

I am taking treatment at Homeocare International at Jodhan Nagar branch under the supervision of Dr. Barbara since 4th Jan 2015. Now, I am feeling much improvement, e.g. from 50% to 90% knee pain and from 80% to 10% ankle pain, mostly same happy with these two problems. I am very much thankful to Dr. Barbara.

**DATE:** 4.1.2015  
**SIGNATURE OF PATIENT:**

B. RASHEED
ARTHRITIS

The following case represents the scope of Homeopathy in degenerative bone condition like Osteoarthritis. A 64-year female approached us with the complaint of knee pain since 3 years. After correct Homeopathic treatment at Homeocare International, she got relief from her knee pain only within a year. She is very grateful to us as she can do her household activities now.

PATIENT TESTIMONIAL
PUBLISHED ARTICLE

அரேய வலுவான கால்நடை முறையிடல்

பிறவுடன் கூறும் நூற்றாண்டு காலம்

பிறவுடன் கூறும் நூற்றாண்டு காலம் என்றும் பார்வையாளர்களுக்கு மிகவும் பொருட்பாட்டியாக வந்தது என்று தெளிந்து வைக்கப்படும். பிறவுடன் கூறும் நூற்றாண்டு காலம் என்றும் பார்வையாளர்களுக்கு மிகவும் பொருட்பாட்டியாக வந்தது என்று தெளிந்து வைக்கப்படும். பிறவுடன் கூறும் நூற்றாண்டு காலம் என்றும் பார்வையாளர்க்கு மிகவும் பொருட்பாட்டியாக வந்தது என்று தெளிந்து வைக்கப்படும். பிறவுடன் கூறும் நூற்றாண்டு காலம் என்றும் பார்வையாளர்க்கு மிகவும் பொருட்பாட்டியாக வந்தது என்று தெளிந்து வைக்கப்படும். பிறவுடன் கூறும் நூற்றாண்டு காலம் என்றும் பார்வையாளர்க்கு மிகவும் பொருட்பாட்டியாக வந்தது என்று தெளிந்து வைக்கப்படும்.

பிறவுடன் கூறும் நூற்றாண்டு காலம் என்றும் பார்வையாளர்க்கு மிகவும் பொருட்பாட்டியாக வந்தது என்று தெளிந்து வைக்கப்படும். பிறவுடன் கூறும் நூற்றாண்டு காலம் என்றும் பார்வையாளர்க்கு மிகவும் பொருட்பாட்டியாக வந்தது என்று தெளிந்து வைக்கப்படும். பிறவுடன் கூறும் நூற்றாண்டு காலம் என்றும் பார்வையாளர்க்கு மிகவும் பொருட்பாட்டியாக வந்தது என்று தெளிந்து வைக்கப்படும். பிறவுடன் கூறும் நூற்றாண்டு காலம் என்றும் பார்வையாளர்க்கு மிகவும் பொருட்பாட்டியாக வந்தது என்று தெளிந்து வைக்கப்படும்.
INFERTILITY

Infertility is the most common health problem nowadays as many couples are facing, as they are unable to conceive. And even if they conceive, they are unable to continue the pregnancy to term. Infertility is “a disease of the reproductive system defined by the failure to achieve a clinical pregnancy after 12 months or more of regular unprotected sexual intercourse.” Mostly females are more criticized for the reason, but its incidence infertility but its incidence is equal in both females and males. And there are some couples in whom without any particular cause infertility arises. This condition is called “Idiopathic infertility”.

Infertility is of two types:

1) **Primary infertility:** Primary infertility is defined as the absence of a live birth for the women who desire a child and have been in a union for at least 5 years, during which they have not used any contraceptives.

2) **Secondary infertility:** When a woman is unable to become pregnant at least five years after the first child even without using any contraceptives is known as secondary infertility.

Causes of infertility:

**Factors causing infertility in females:**
For women, problems with fertilisation arise mainly from either structural problems in the fallopian tube or uterus. Infertility may be caused by blockage of the Fallopian tube due to malformations, infections such as chlamydia and/or scar tissue. For example, endometriosis can cause infertility with the growth of endometrial tissue in the Fallopian tubes and/or around the ovaries. Endometriosis is usually more common in women in their mid-twenties and older, especially when postponed childbirth has taken place.

Another major cause of infertility in women may be the inability to ovulate. Malformation of the eggs themselves may complicate conception. e.g.: PCOD – which affect the development & release of eggs during ovulation. Some women are infertile because their ovaries do not mature & release eggs.

Other factors that can affect a woman’s chances of conceiving include being overweight or underweight, or her age as female fertility declines after the age of 30.

Sometimes it can be a combination of factors, and sometimes a clear cause is never established.

Common causes of infertility of females include:
- ovulation problems (e.g. PCOS, the leading reason why women visit to fertility clinics due to anovulatory cycles.
- tubal blockage
  - pelvic inflammatory disease caused by infections like tuberculosis
  - age-related factors
  - uterine problems like bicornuate uterus, fibroids etc.
  - previous tubal ligation
  - endometriosis
  - advanced maternal age

**Factors causing male infertility:**
Factors including low sperm count like azoospermia (complete absence of sperm in semen), oligospermia (low sperm count due to endocrine problems, drugs, radiation,
or infection), asthenospermia (poor sperm motility), teratospermia (abnormal structure of sperm), varicocele (abnormal enlargement of veins in the scrotum), hydrocoele (collection of fluid around testicle).
- Erectile Dysfunction
- Impotency

Hormonal imbalance in thyroid, testosterone, prolactin, FSH and LH levels etc and Environmental factors include smoking, alcohol intake, obesity, stress are common for both male and female.

**Investigations:**
In males: semen analysis, hormones test, genetic testing, testicular biopsy, imaging include MRI, ultrasound
In females: Ovulation test including follicular study, USG of pelvis, hysterosalpingography and genetic testing and chromosomal analysis.

**Homeocare treatment for infertility:**
Homeopathy is a natural system of medicine which includes like cures like. At Homeocare International each diseased person is treated as the unique individual and is treated based on his constitution means not only depending on his disease symptoms but also considering his mind and body nature so that the exact cause of the disease will be identified and treated with the basic level. So our aim is to remove the obstacles to recovery and henceforth to achieve the goal i.e., the pregnancy.
PCOD

Homeopathy has excellent scope in PCOD problems without giving any hormonal supplements. PCOD can get completely resolved with the correct Constitutional Homeopathic remedy. Young female diagnosed with irregular menses and right ovarian cyst took a few months of treatment at Homeocare International and not only her cyst got resolved but her menses also became regular.

PATIENT TESTIMONIAL

Name: Sunita Uthakamuth
Age: 25
IN NO: BL-41

Dr. Asha B

I’m Sunita, I am student.
I had approached Homeocare, starting Oct. 2015 with complaints of periods problem, stomach pain, right ovarian cyst, headache, acidity and craves in legs. I have been taking treatment since from 4 months now it’s much better than before (50% better). And doctors were good enough to treat the patients.
PATIENT TESTIMONIAL

ABDOMEN & PELVIS SCAN

Liver: Both the lobes of liver are normal in size & echotexture. No focal lesion noted. No intrahepatic biliary radicals dilatation. Hepatic veins & infra hepatic IVC appear normal.

CBD: 3mm

PV: 1.0 cm) Normal in course & caliber

Gall bladder: Normal wall thickness & echotexture. No calculi / sludge

PANCREAS: Normal in size, outline & echotexture. No ductal dilatation or calcification.

Spleen: Normal in size & homogenous in echotexture. No focal lesions seen.

Kidneys: Both are normal in size & parenchymal echotexture. Cortico medullar differentiation is maintained. No calcui or hydronephrosis.

Right kidney: 9.9x4.3x1.8cm

Left kidney: 9.9x4.3x1.8cm

Urinary Bladder: Normal wall thickness and intraluminal echoes. No calculi noted.

Uterus: Is antverted & normal in size & echotexture. No focal myometrial lesion noted.

Uterine measurements: LxS: AP: TS

6.7: 3.0: 3.4 cm

Combined endometrial thickness: 6.9 MM

Endometrial echoes are normal.

Right ovary: Shows simple cyst measuring 35x43 mm

Left ovary: 27x25 mm

POD: No Free fluid noted in the POD.

No obvious enlarged lymphnodes noted.

No ascites / pleural effusion / bowel thickening.

Sonologically normal RIF region.

impression: SIMPLE RIGHT OVARIAN CYST.

Dr. Mallan Gouda, P. Patti
Consultant Radiologist
PCOD

PATIENT TESTIMONIAL

ABDOMEN & PELVIS SCAN

C/H: Pain abdomen

Liver: Both the lobes of liver are normal in size & echotexture.
No focal lesion noted. No intrahepatic biliary radicals dilatation.
Hepatic veins & intra hepatic IVC appear normal.

CBD: 5mm

PV: 1.0 cm Normal in course & caliber

Gall bladder: Normal wall thickness & echotexture. No calculus/sludge

PANCREAS: Normal in size, outline & echotexture. No ductal dilatation or calcification.

Spleen: Normal in size, & homogenous in echotexture. No focal lesions seen.

Kidneys: Both are normal in size & parenchymal echotexture.
Cortico medullary differentiation is maintained.
No calculus or hydronephrosis.
Right kidney: 9.8x4.2x1.9cms
Left kidney: 9.6x4.1x1.8cms

Urinary Bladder: Normal wall thickness and intraluminal echoes. No calculus noted.

Uterus: Is anteverted & normal in size & echotexture. No focal myometrial lesion noted.
Uterine measurements: LS 7.0 A.P 3.8 T.S 3.4cm

Combined endometrial thickness; 11.2 MM
Endometrial echoes are normal.

Right ovary: 24x41mm

POD: No Free fluid noted in the POD.

No obvious enlarged lymph nodes noted.

No ascites / pleural effusion / bowel thickening.

Sonologically normal RIF region.

Dr. Mallan Gouda, P. Patil
Consultant Radiologist
A 27-year female suffering from irregular menses was diagnosed with PCOD before and after treatment at Homeocare International. USG reports clearly show the change. The diseases of the patient could be cured permanently with our Genetic Constitutional Homeopathic treatment without any hormonal supplements.

**PATIENT TESTIMONIAL**
PCOD

PATIENT TESTIMONIAL

REAL TIME ULTRASONOGRAPHY OF ABDOMEN AND PELVIS

LIVER: Normal in size (15.0cm) and parenchymal echotexture. No mass lesions. No IHBD. Hepatic veins are normal. CBD and portal vein are normal.

GALL BLADDER: Partially distended. Wall thickness is normal. No calculi.

SPLEEN: Normal in size (11.0cm) and parenchymal echotexture. No mass lesions.

PANCREAS: Head, body and tail regions are normal. No evidence of calcifications. No evidence of peripancreatic fluid collection. No evidence of mass lesion. Pancreatic duct is normal.

KIDNEYS: Right kidney: 106 x 44mm. Left kidney: 110 x 50mm. Normal in size and parenchymal echotexture. Cortico-medullary differentiation is made out. No calculi. No hydronephrosis.

URINARY BLADDER: Partially distended. Wall thickness is normal. No calculi.

UTERUS: Retroverted. 60 x 38 x 30mm. Normal in size and echotexture. No e/o mass lesions. Endometrial thickness 5mm.

Right ovary: 28 x 18mm. normal in size and echotexture.

Left ovary: 40 x 32mm. Enlarged in size with normal echotexture. Simple cyst measuring 34 x 30mm noted.

Aorta and IVC are normal. No evidence of ascites. No evidence of lymphadenopathy.

IMPRESSION:

Simple Left Ovarian Cyst.

For clinical correlation

DR. KAPIL SAKINALA, MD (RADIOLOGIST) DR. SANTHOSH REDDY, DMRD, DNB (RADIOLOGIST)
PATIENT TESTIMONIAL

ULTRASONOGRAPHY OF ABDOMEN AND PELVIS

LIVER: Normal in size (15.5cm) and parenchymal echotexture. No mass lesions. No IHBD. Hepatic veins are normal. CBD and portal vein are normal.

GALL BLADDER: Partially distended. Wall thickness is normal. No calculi.

SPLEEN: Normal in size (10.0cm) and parenchymal echotexture. No mass lesions.

PANCREAS: Head, body and tail regions are normal. No evidence of calcifications. No evidence of peripancreatic fluid collection. No evidence of mass lesion. Pancreatic duct is normal.

KIDNEYS: Right kidney: 111 x 45mm. Left kidney: 99 x 53mm. Normal in size and parenchymal echotexture. Cortico-medullary differentiation is made out. No calculi. No hydronephrosis.

URINARY BLADDER: Partially distended. Wall thickness is normal. No calculi.

UTERUS: Retroverted. 45 x 43 x 40mm. Normal in size and echotexture. No e/o mass lesions. Endometrial thickness 8.5mm.

Right ovary: 24 x 20mm. normal in size and echotexture.

Left ovary: 24 x 17mm. normal in size and echotexture.

Bowels appear normal in calibre and show active peristalsis. Aorta and IVC are normal. No evidence of ascites. No evidence of lymphadenopathy.

IMPRESSION:

No Sonographic Abnormality Detected.

For clinical correlation.

DR. KAPIL SAKINALA, MD
(RADIOLOGIST)

DR. SANTHOSH REDDY, DMRD, DNB
(RADIOLOGIST)
With correct homeopathic treatment, Infertility cases get treated within a short period of time. A female came with Infertility problem, and within 2 months of Homeopathic treatment, she got conceived. Her previous USG report shows PCOD problem and in later reports, it shows normal with pregnancy.

**PATIENT TESTIMONIAL**

I have Infertility problem, here I am taking medicine from last 2 months from Dr. Barbara. Now, I conceived.

— Thanks for HomeoCare International

A. Sajanya
INFERTILITY

PATIENT TESTIMONIAL

Patient Name: Mrs. Soujanya
ID No.: 28117
Age: 28 yrs
Sex: Female
Ref by: Dr. Jataja Reddy
Date: 25.12.2014

Ultrasound Abdomen and Pelvis:

Liver: Normal in size (12.0 cms) and shows normal echo pattern. No focal lesion. No intra / extra hepatic biliary dilatation seen. Portal vein normal.

GB: Distended. Wall normal. No calculi / sludge in the lumen.

Pancreas: Normal in size and echo pattern. No focal lesions.

Spleen: Normal in size and echo pattern. No focal lesion.

Kidneys: Normal in size and echo pattern. CMD maintained. No hydronephrosis / calculi. Right kidney measures 10.3 x 2.2 cms and left kidney measures 11.0 x 2.4 cms.

Urinary bladder: Distended. Wall normal. No luminal echoes seen.

Uterus: Anteverted, normal in size (6.5 x 4.8 x 3.0 cms) and echoes. Endometrium normal (5 mm). No focal myometrial lesions.

Ovaries: Enlarged in size and shows multiple small (5 – 7mm) cysts located in the peripheral portion.
Right ovary: 3.3 x 1.6 x 2.9 cms and volume – 8 cc.
Left ovary: 3.5 x 1.9 x 2.5 cms and volume – 9 cc.

No free fluid or collection seen in the peritoneal cavity. No significant lymphadenopathy seen. No evidence of any bowel loop dilatation or mass lesion.

Impression:
1. Enlarged ovaries show multiple small peripherally located cysts possibly suggestive of polycystic ovarian disease. Kindly correlate with hormonal profile.
2. No other significant abnormality seen.

Dr. Kunal Naidu, G, DNB
Consultant Radiologist
INFERTILITY

PATIENT TESTIMONIAL

NAME: MRS. SOUJANYA  
AGE/SEX: 28YRS /FEMALE  

DATE: 27 06 15  
UHID NO: 27882  

ULTRASOUND SCAN OF ABDOMEN AND PELVIS  

LIVER: Normal in size (13.3 cms), shape and echotexture. No SOL noted within the parenchyma. IHBV are not dilated. Portal vein and common bile duct appear normal.  

GALL BLADDER: Normally distended. Wall is regular. No evidence of calculi/ pericholecystic fluid noted.  

Spleen: Normal in size, shape (9.2 cms) and echotexture. Splenic vein is normal.  

Pancreas: Normal in size, shape and echotexture. No evidence of pancreatitis / calculus lesion.  

Kidneys: Both the kidneys are normal in size, shape and echotexture. Corticomedullary differentiation is maintained. No calculi/ hydronephrosis noted.  

Right kidney: 103 mm in bipolr length x 16 (parenchyma) mm.  
Left kidney: 112 mm in bipolr length x 16 (parenchyma) mm.  

Urinary Bladder: Normally distended, wall regular. Lumen is echo free.  

Uterus: Anteverted, normal in size, shape and echotexture.  

There is a single intrauterine gestational sac with fetus whose CRL measures 1.98 cm corresponding to 8 weeks and 3 days of gestation. FHR 170 per minute.  

Corpus luteal cyst measuring 19 mm seen in right ovary. Left ovary normal.  

Bilateral Adnexa - Normal  

Pouch of Douglas: No evidence of free fluid noted.  
Psoas muscle on both sides appears normal. Major vessels appear normal.  
No evidence of enlarged lymph nodes noted.  

IMPRESSION: SINGLE INTRAUTERINE LIVE GESTATION AT 8 WEEKS 3 DAYS.  

DR. N. KUDVA  
CONSULTANT RADIOLOGIST
INFERTILITY

PATIENT TESTIMONIAL

TESTIMONIAL FORM

PATIENT NAME: Sujith
PATIENT AGE: 21
PATIENT ID NO: BE 06
PROBLEM: PCOD / INFERTILITY

DOCTOR NAME: Babuldeva
BRANCH: Nanakramguda

MALE: 
FEMALE: 

PATIENT’S TESTIMONIAL

“After suffering from PCOD problem, I was unable to conceive. I consulted a gynecologist, who prescribed medicine. However, it didn’t work. But, after visiting Homeocare International, I started feeling better. Eventually, I was able to conceive. I am very grateful to the doctors at Homeocare International.”

DATE: 26/2/15

SIGNATURE OF PATIENT: [Signature]
INFERTILITY

PATIENT TESTIMONIAL

Mrs. Savitha S  
AGE : 20 Y/ Female

ULTRASOUND OF PELVIS

URINARY BLADDER: Normally distended, wall regular. Lumen is echo free.

UTERUS: Anteverted normal in size, shape and echotexture.
Size: L 70 x B 42 x Th 33 mm. Endometrial thickness: 6 mm.

OVARIES: Both the ovaries are normal in size with multiple peripherally placed subcentimetric follicles with central echogenic stroma.
Right ovary: Measures 37x23x32 mm. Volume 15 cc
Left ovary: Measures 46x14x 28 mm. Volume 10 cc.
Bilateral adnexa normal

Pouch of Douglas- no free fluid seen.
Psoas muscle on both sides appears normal. Major vessels appear normal.
No evidence of enlarged lymph nodes noted.

IMPRESSION:
Bilateral polycystic ovaries.

Dr. Dhanalakshmi  
Radiologist
INFERTILITY

PATIENT TESTIMONIAL

DEPARTMENT OF MICROBIOLOGY

Name : Mrs. SAVITHA S
UHID : CINK.0000026192
Ref. By : Dr. BARBARA

Gender : Female  Age : 20 Yrs
LRN no : 24310
Date : 26/08/2015

TEST

URINE PREGNANCY TEST:

RESULTS

POSITIVE

Technician/Technologist

Dr. SHALINI SINGH
M.D., Pathologist
This case shows the efficiency of homeopathy in Infertility cases and stands out as the best method of treatment. A female patient of 27 years approached with an Infertility problem. Her USG reports showed fibroid and PCOD; After correct Constitutional Homeopathic treatment at Homeocare International she conceived within 2 months only and she is very happy now, her fibroid and PCOD got completely resolved.

**PATIENT TESTIMONIAL**

Hi to all,

I am very happy to say this Homeocare International taken care very much about me & my husband. Very good treatment and we seen in this TVQ program and contact T. Nagar Branch.

Now 3 months pregnant. Thanks to Homeocare.

M. BHANUMATHI
INFERTILITY

PATIENT TESTIMONIAL

NEHA DIAGNOSTIC CENTER
COMPUTERISED LAB, X-RAY, ULTRASOUND & DOPPLER SCANS, ECG
#25/31, Dharmaraja Kovil Street, Poonamallee, Chennai - 600056.
Mobile: 8229349999

PATIENT ID: 03331
NAME: MRS. BANUMATHI
REF. DOC: SELF
DATE: 11.02.2016
AGE/SEX: 27/F

SONOGRAM REPORT
WHOLE ABDOMEN

The liver is normal in size and shows uniform echotexture with no focal abnormality.
The gall bladder is normal sized and smooth walled and contains no calculus.
There is no intra or extra hepatic biliary ductal dilatation.
The pancreas shows a normal configuration and echotexture.
The pancreatic duct is normal. The portal vein and IVC are normal.
The spleen is normal.
There is no free or localized peritoneal fluid.
No para-aortic lymphadenopathy is seen.
No abnormality is seen in the region of the adrenal glands.
The right kidney measures 11.2 x 4.2 cms.
The left kidney measures 11.0 x 4.5 cms.
Both kidneys are normal in size, shape and position. Cortical echoes are normal bilaterally.
There is no calculus or calyceal dilatation.
The ureters are not dilated.
The bladder is smooth walled and uniformly transonic.
There is no retrovesical mass or calculus.
The uterus is anteverted, and measures 6.2 x 2.8 x 3.9 cms.
Myometrial echoes are homogeneous.
Sub-serous fibroid of 1.5 x 1.5 cm is seen in the right lateral wall of the uterus.
The endometrium is normal and measures 4mm.
The right ovary measures 3.3 x 1.5 x 3.0 cms (Vol-8rc).
The left ovary measures 2.3 x 1.9 x 3.8 cms (Vol-4rc).
Both ovaries are enlarged in size and show multiple peripheral immature follicles.
Parametria are free.
Bladder fossae are normal.

IMPRESSION:

- Sub-serous uterine fibroid.
- Polycystic ovaries.
- For clinical correlation and follow-up.
- Other visualized organs are normal.
INFERTILITY

PATIENT TESTIMONIAL

MANGALAM HOSPITAL
No.1, JCN Street, Poonamallee, Chennai - 600 056. Ph : 26272447, 26495523

Patient name: Mrs. RANUMATHI NANDIPOGU
Patient ID: RT01225
Age/Sex: 27 Years / Female
Visit No: 1
Referred by: Dr. S.Chitrakshmi, MBBS, DGO
LMP Date: 03/03/2016 (LMP EDD: 08/12/2016)
Visit Date: 30/04/2016

OB - Early pregnancy Scan Report

Indication(s)
FGR GA
Real time B-mode ultrasonography of gravid uterus done.
Route: Transabdominal
Single intrauterine gestation
Fetus
Survey
Gestational Sac seen. Sac margins appeared regular
Yolk Sac seen
Fetal pole seen
Cardiac activity present
Fetal heart rate - 171 bpm
Fetal Biometry
CRL - 17.1 mm (8W 3D)
Left ovary appeared normal
Right ovary not imaged

Impression
Single intrauterine gestation corresponding to a gestational age of 8 Weeks 2 Days
Gestational age assigned as per LMP
Suggested nuchal translucency at 12 weeks

DR.S.VIJAYAKALAVI, MBBS, DGO.
INFERTILITY

Infertility cases responded very well with Homeopathic treatment. Reena, 26 years old, the young lady got conceived after taking treatment at Homeocare International. She came with Infertility because of her PCOD problem. After treatment, her cycle became regular first, she conceived and then delivered a healthy baby.

PATIENT TESTIMONIAL

I am taking treatment for PCOD/infertility since one year. Now I have conceived and thank you to Homeocare and Dr. Barbara.

DATE: 19/Jan/16

Reena

SIGNATURE OF PATIENT:
ABDOMINOPELVIC ULTRASOUND SCAN REPORT

**LIVER:** Normal size. In AP span Measures 11.7 cms. Shows Normal echotexture. No diffuse pathology seen. No focal mass lesion seen. The intrahepatic biliary and portal radicles are normal. Portal vein is normal and measures 09 mms at porta hepatitis.

**GALL BLADDER:** Normal wall and echofree lumen. No mass or calculi seen. The CBD is normal in diameter. Lumen measures 3 mms at porta hepatitis.

**SPLEEN:** Normal in shape, position and echotexture. Normal size. Bipolar length measures 8.7cms

**PANCREAS:** Normal in shape, size, position and echotexture.

**RIGHT KIDNEY:** Right kidney is normal in position and axis. Their cortico-medullary differentiation is intact. PCS and upper ureter are normal. The Ureters are not visualized in lower half. Bipolar length Measures 9.5 cms. The cortical thickness measures 14 mms.

**LEFT KIDNEY:** Left kidney is normal in position and axis. Their cortico-medullary differentiation is intact. PCS and upper ureter are normal. The Ureters are not visualized in lower half. Bipolar length Measures 9.5 cms. The cortical thickness measures 13 mms.

**URINARY BLADDER:** Normal wall. Echofree cavity. No mass or calculi seen.

**UTERUS:** Normal size. Measures 8.2 x 3.2 cms. Myometrium shows normal echotexture. Endometrium is thick measures 12 mms. No focal lesion or collection seen.

**OVARIIES:** Both Ovaries are of normal size and show poly cystic pattern with central stromal hypertrophy. The right ovary measures 44 x 24 mms and the left ovary measures 49 x 33 mms.

**OTHERS:** No ascites or LN appreciated. The visualized extent of Aorta and Para-aortic regions appear normal. No pleural effusion appreciated at the CP angles. No mass or collection seen in RIF.

**IMPRESSION:**
THICK ENDOMETRIUM.
POLY CYSTIC OVARIIES.

Dr. Biren H. Saraswati.
MBBS MD(RD) PGDHA.
Chief of Radiology.

KINDLY PRESERVE THE REPORTS.
PATIENT TESTIMONIAL

USG – EARLY PREGNANCY

LMP: 26.08.2015  GA: 8 weeks 5 days  EDD: 01.06.2016

- A well defined intrauterine gestational sac noted at the fundus, with good trophoblastic reaction
- Fetal pole and yolk sac noted.
- Cardiac activity is well appreciated.
- CRL is ~1.0cm which corresponds to 7 weeks 1 day of gestation.
- Pod – no fluid.
- Cervical length is normal - (3.6cm), os closed
- FHR: 154bpm

IMPRESSION:

EARLY INTRA UTERINE PREGNANCY OF 7 WEEKS 1 DAY +/- 4 DAYS
EDD – 12.06.2016

Dr. Vijaya
Consultant Radiologist
PCOD

At Homeocare International we treated Infertility case of Deepthi and helped the patient in making a complete happy family. The Patient was suffering from PCOD since 3 years, because of which she was not getting pregnant, but after treatment at Homeocare International she got her pregnancy positive within 4 months only. Hormonal supplements and IUI also failed in her case but correct Constitutional Homeopathy cured her problem completely. This shows that Homeopathy does wonders in Infertility cases.

PATIENT TESTIMONIAL

To
Homeocare International
Kukatpally

M. Deepthi Reddy

I am suffering with PCOD since last 3 years. I have used homeopathy in Homeocare International Kukatpally Brw. My problem has been solved with in 4 months only. Previously I have used many tablets since last 3 years and I went for IUI also nearly 8 times. But all those all failed in my case. I saw this Homeocare International advertisement in newspapers and in TV's.

Thanks to Homeocare

Dr. Praveen Kumar Sir.
PATIENT TESTIMONIAL

REAL TIME ULTRASONOGRAPHY OF PELVIS

URINARY BLADDER: Well distended. No calculi are seen.

UTERUS: Anteverted (67 x 32 x 25 mm), normal in size with echotexture. No mass lesions. Endometrial echo is normal. ET measures 9 mm.

OVARIES: Normal in size and shows multiple tiny cysts (6-11 mm) and echogenic stroma - suggestive of Polycystic ovaries. 
Right ovary: 35 x 21 mm 
Left ovary: 36 x 19 mm 
No adnexal masses noted.

No evidence of free fluid in POD

IMPRESSION:

* POLYCYSTIC OVARIES.

FOR CLINICAL CORRELATION AND FURTHER EVALUATION IF INDICATED.

* DR. SATISH KUMAR P. 
Consultant Radiologist

DR. RAMA KRISHNA RAO. BARU
Consultant Radiologist
ULTRASONOGRAPHY OF EARLY PREGNANCY

Single intrauterine gestational sac with good decidual reaction is seen.
Fetal pole is not yet visualised.
Yolk sac is visualised.
MSD of gestational sac measures 11 mm corresponding to a gestational age of 5 weeks 6 days noted.
Cervix length: 39 mm. OS appear closed.
No obvious lesions in both adnexa.
No free fluid in pelvis.

BIOMETRY:

LMP : 29/06/2016
LMP GA : 6 weeks 6 days
LMP EDD : 05/04/2017
MSD : 11 mm
U/S GA : 5 weeks 6 days
U/S EDD : 12/04/2017

IMPRESSION:

* EARLY INTRAUTERINE PREGNANCY WITH A SINGLE GESTATIONAL SAC OF AGE 5 WEEKS 6 DAYS.

Foetal sex was neither determined nor revealed.

****** END OF REPORT ******

NOTE (DISCLAIMER):
Not all anomalies are detectable by ultrasoundography.

Detection of the foetal anomalies depends on the position of the foetus, amount of the amniotic fluid, period of gestation, presence of adequate foetal movements and many other technical factors such as the maternal abdominal wall.

Detection of all anomalies may require single or multiple ultrasoundography examinations.
PCOD

PATIENT TESTIMONIAL

My self ARCHANA W/o DAYAKAR, we are KKPC 65
Suffering with Secondary Infertility (Acrospor)
based on report, we want medication
for those problem. We are used so many
medicines from allopathy medicines but
there is no improvement based on TV add
We are consulted in Homeocare International
we are using from 6 months in between
this period of 3rd month we got better
result with Homeocare medicines now
we are feeling very happy.

So we are very thankful to
Homeocare International and Consultant
treated Doctor Praveen Kumar
Yours faithfully
K. Archana KKPC 65
# SEMEN ANALYSIS

<table>
<thead>
<tr>
<th>Test Name</th>
<th>Observed Values</th>
<th>Units</th>
<th>Reference Intervals</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SEMEN PHYSICAL EXAMINATION</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Quantity</td>
<td>2.0</td>
<td>ML</td>
<td></td>
</tr>
<tr>
<td>Color</td>
<td>Gray White</td>
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</tr>
<tr>
<td>Liquification Time</td>
<td>40 Minutes</td>
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<td></td>
</tr>
<tr>
<td><strong>SEMEN MICROSCOPIC EXAMINATION</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sperm Count</td>
<td>25.0 Millions/Cumm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pus Cells</td>
<td>02 - 04 HPF</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Epithelial Cells</td>
<td>NIL</td>
<td></td>
<td></td>
</tr>
<tr>
<td>RBC</td>
<td>NIL</td>
<td></td>
<td>Nil</td>
</tr>
<tr>
<td>Others</td>
<td>NIL</td>
<td>%</td>
<td></td>
</tr>
<tr>
<td>Motility</td>
<td></td>
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</tr>
<tr>
<td>Active Motile</td>
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<td>%</td>
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<td>Sluggishly Motile</td>
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<td>Non-Motile</td>
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<td>Morphology</td>
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<td>Normal</td>
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<td>Abnormal</td>
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<td>%</td>
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<tr>
<td>IMPRESSION:</td>
<td></td>
<td></td>
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<tr>
<td>IMPRESSION:</td>
<td>Oligospermia</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
# PCOD

## PATIENT TESTIMONIAL

![Image of semen analysis report]

**Patient Name:** MR. DAYAKER  
**Reg No:** 18454  
**Age & Gender:** 36 YEARS MALE  
**Reg Date:** 27/03/2016  
**Ref By:** DR. PRAVEEN KUMAR (HOMEO INTERNATIONAL)

### DEPARTMENT OF CLINICAL PATHOLOGY

#### SEMEN ANALYSIS

**PHYSICAL EXAMINATION:**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Colour</td>
<td>PEARL WHITE</td>
</tr>
<tr>
<td>Volume</td>
<td>3.0 ml</td>
</tr>
<tr>
<td>Reaction</td>
<td>ALKALINE</td>
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<tr>
<td>Time of Liquifaction</td>
<td>30.0 min</td>
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</table>

**MICROSCOPIC EXAMINATION:**

<table>
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<tr>
<th>Parameter</th>
<th>Value</th>
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</thead>
<tbody>
<tr>
<td>Total Sperm Count</td>
<td>70 millions/ml (20 - 250 millions/ml)</td>
</tr>
</tbody>
</table>

**MOTILITY:**

<table>
<thead>
<tr>
<th>Type</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>ACTIVELY MOTILE</td>
<td>65%</td>
</tr>
<tr>
<td>SLAGGISH</td>
<td>25%</td>
</tr>
<tr>
<td>NON MOTILE</td>
<td>10%</td>
</tr>
</tbody>
</table>

**MORPHOLOGY:**

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>Normal Forms</td>
<td>80%</td>
</tr>
<tr>
<td>Abnormal Forms</td>
<td>20%</td>
</tr>
</tbody>
</table>

**OTHERS:**

<table>
<thead>
<tr>
<th>Component</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pus Cells</td>
<td>8 - 10/HPF</td>
</tr>
<tr>
<td>Epithelial Cells</td>
<td>2 - 3 /HPF</td>
</tr>
<tr>
<td>RBC</td>
<td>NIL</td>
</tr>
</tbody>
</table>

**IMPRESSION:** NORMOSPERMIA AND PYOSPERMIA.

*Please correlate with clinical finding if necessary discuss*

**Dr. K. Sree Lakshmi MD**  
Consultant Pathologist
PCOD

PATIENT TESTIMONIAL

Patient Name: Lakshmi R.G.
Patient Age: 34
Patient Gender: Female
Problem: PCOD

Patient's Testimonial:
I, Lakshmi R.G., am taking treatment from past 8 months for PCOD treatment, now I am feeling more than 50% better than before.

Thanking you,
Lakshmi R.G.

Date: 09/06/2015

Doctor's Name: Barbara
Branch: Indore
PCOD

PATIENT TESTIMONIAL

CHINMAYA MISSION HOSPITAL
ISO 9001:2008 Certified
Indiranagar, Bangalore-560 038.
 Tel: Hospital: 25280461 Office: 25281505 Fax: 080-25201900,
E-mail: cmhbir@rediffmail.com

DEPT. OF RADIOLOGY & IMAGING

06 December, 2012

ABDOMEN AND PELVIS ULTRASOUND EXAMINATION REPORT

Name: Lakshmi R G
Refd by: Dr. Manjunath S R
AGE: 21 Yrs/F
O. P. No.: 1566932


GALL BLADDER: Normal wall. Echogenic lumen. CBD is normal.

SPLEEN: Normal in shape and echotexture. Normal size.

PANCREAS: Partially visualized due to bowel gas. Visualized extent appears Normal.

RIGHT KIDNEY: Right kidney is normal in position and axis. Their cortico-medullary differentiation is intact. PCS and upper ureter appears normal . Lower ureter is not visualized. Right kidney measures: 8.9 x 3.5 cms.

LEFT KIDNEY: Left kidney is normal in position and axis. Their cortico-medullary differentiation is intact .PCS and upper ureter appears normal. Lower ureter is not visualized,,The left kidney measures 9.1 x 3.7 cms.

URINARY BLADDER: Normal wall. Echogenic cavity.

UTERUS: Normal size. Measures 6.6 x 2.9 cms Normal myometrium. Endometrium is normal in thickness .

OVARIAS: Both ovaries are normal in size. Show polycystic pattern. Right ovary measures 4.2 x 2.3 cms and the left ovary measures 4.6 x 2.7 cms

OTHERS: No ascites appreciated. No mass or collection seen in the RIF or POD.

IMPRESSION: POLY CYSTIC OVARIAS.

Dr. Biren H. Saraswati.
MBBS, MD(RD), PGEEHA
PATIENT TESTIMONIAL

Patient Name: Lakshmi
Age: 24 Years
Sex: Female
Referring Doctor: Dr. Barbara
Date: 01-05-2015

ULTRASOUND ABDOMEN AND PELVIS

FINDINGS:
- Liver is normal in size and echopattern. No intra or extra hepatic biliary duct dilatation. No focal lesions.
- Portal vein is normal in course and caliber. Hepatic veins and their confluence draining into the IVC appear normal. CBD is not dilated.
- Gallbladder is normal without evidence of calculi, wall thickening or pericholecystic fluid.
- Pancreas to the extent visualized, appears normal in size, contour and echogenicity.
- Spleen is normal in size, shape, contour and echopattern. No evidence of mass or focal lesions.
- Right Kidney is normal in size (measures 8.5 x 1.2 cm), position, shape and echopattern. Cortical medullary differentiation is maintained. No evidence of calculi or hydronephrosis.
- Left Kidney is normal in size (measures 9.0 x 1.3 cm), position, shape and echopattern. Cortical medullary differentiation is maintained. No evidence of calculi or hydronephrosis.
- Retroperitoneum – Obscured by bowel gas.
- Urinary Bladder is well distended. Wall thickness is normal. No evidence of calculi, mass or mural lesion.
- Uterus is anteverted and normal in size, measures 7.6 x 2.5 x 3.5 cm. Myometrial and endometrial echoes are normal. Endometrium measures 5 mm. Endometrial cavity is empty.
- Both ovaries are normal in size and echopattern.
- Right ovary: measures 3.7 x 1.5 x 2.7 cm. Vol. 7 cc. Left ovary: measures 3.8 x 1.6 x 2.6 cm. Vol. 7 cc.
- Both adnexa: No mass is seen.
- There is no ascites or pleural effusion.

IMPRESSION:
- No significant abnormality detected.

DR DHALAKSHMI
CONSULTANT RADIOLOGIST

Facilities Available
- General Medicine
- Obstetrics & Gynaecology
- Dermatology
- Pediatrics
- Echo Cardiogram
- ECG
- Laboratory
- Master Health Checkup
- Vaccinations

Ultrasound Scan:
- Abdominal & Pelvic Scan
- Pregnancy
- Thyroid
- X/R / Scrotum
- Breast Scan
- Colour Doppler
PCOD ಪರೀಕ್ಷದಿಂದ ನಿಯಂತ್ರಣಕ್ಕೆ

ನೀಡಿರುವ ಮಹಿಳೆ ನೀಡಿರುವ ಪ್ರಶ್ನೆಗಳನ್ನು ಮೇಲೆ ಸ್ಪರ್ಧೆ ಮಾಡುವ ಮಹಿಳೆಗಳು ಪ್ರತಿಕ್ರಿಯೆ ಪಡೆಯುವಾಗ ಪ್ರಶ್ನೆಗಳ ಕ್ಲಾಸ್ಟರ್ ಹೊಂದಿಕೊಂಡಿದರು. ಕೇವಲ ಈ ಪ್ರಶ್ನೆಗಳನ್ನು ಮಾಡಲಾಗುವ ಹೊಸ ಪ್ರಶ್ನೆಗಳು ಪಡೆಯಲಾಗುವಾಗ ಮಹಿಳೆಗಳು ಮೇಲೆ ಸ್ಪರ್ಧೆ ಮಾಡುವಾಗ ಇವುಗಳು ಸ್ಪರ್ಧೆಯಲ್ಲಿ ನಿಯಂತ್ರಣಕ್ಕೆ ಅನುಮೋದಿಸುವ ವ್ಯವಹಾರ ನೀಡಲಾಗಿದೆ. ಇವುಗಳು ಪ್ರತಿಕ್ರಿಯೆಯಲ್ಲಿ ನಿಯಂತ್ರಣದಿಂದ ಅನುಮೋದಿಸುತ್ತವೆ.}

ಇಂದು ಮಹಿಳೆಗಳು ನೀಡಿರುವ ಪ್ರಶ್ನೆಗಳನ್ನು ಪ್ರತಿಕ್ರಿಯೆಯಲ್ಲಿ ನಿಯಂತ್ರಣದಿಂದ ಅನುಮೋದಿಸುತ್ತವೆ. ಈ ಪ್ರಶ್ನೆಗಳನ್ನು ಮಾಡಲಾಗುವ ಹೊಸ ಪ್ರಶ್ನೆಗಳು ಪಡೆಯಲಾಗುವಾಗ ಮಹಿಳೆಗಳು ಮೇಲೆ ಸ್ಪರ್ಧೆ ಮಾಡುವಾಗ ಇವುಗಳು ಸ್ಪರ್ಧೆಯಲ್ಲಿ ನಿಯಂತ್ರಣಕ್ಕೆ ಅನುಮೋದಿಸುವ ವ್ಯವಹಾರ ನೀಡಲಾಗಿದೆ. ಇವುಗಳು ಪ್ರತಿಕ್ರಿಯೆಯಲ್ಲಿ ನಿಯಂತ್ರಣದಿಂದ ಅನುಮೋದಿಸುತ್ತವೆ.
"చికిత్సానీతి" రాసిన గాంద్రమానీ నిర్దేశి

సమ్మేళనం నవమి పత్రిక ప్రముఖ పోషనాన ప్రపంచంలో ప్రముఖ సాహిత్య పత్రికల కూడా ప్రారంభించబడింది. ఈ పత్రిక మీద కేవలం సాహిత్య పరిశోధనలను తెలుపించును. ప్రారంభంలో ఇది పగించడం నుండి ప్రామాణిక పరిశోధనలే ప్రారంభించాడా, ప్రముఖ పత్రికలలో ప్రసాదం పెట్టును. ఈ పత్రిక ప్రారంభంలో ప్రస్తుతించబడిన పద్మాభిషేకాలు ప్రముఖ ప్రామాణిక పరిశోధనలే ప్రారంభించాడా, ప్రముఖ పత్రికలలో ప్రసాదం పెట్టును. 

2 పరామర్శాలు (1). మానవ సాంస్కృతిక పరిశోధనలు (2). మనుష్య శాస్త్ర పరిశోధనలు 

సాహిత్య పరిశోధనలు ప్రారంభంలో ప్రస్తుతించబడిన పద్మాభిషేకాలు ప్రారంభంలో ప్రస్తుతించబడిన పద్మాభిషేకాలు 

1800 108 1212 955 000 1199 www.homeocare.in
THYROID PROBLEMS
The Thyroid gland is one of the most important glands in our body. It is a butterfly shaped gland situated in front of the neck and it’s part of the endocrine system. The thyroid gland produces thyroid hormones T3 and T4 which has its effect on each and every cell in the body. They regulate vital body functions including breathing, heart rate, body weight, muscle strength, menstrual cycles, body temperature, cholesterol levels, etc.

The function of thyroid gland is regulated by mechanism involving the brain. When thyroid hormone levels are low in blood, the hypothalamus in the brain produces a hormone Thyrotropin-releasing hormone [TRH], that causes pituitary gland [located at the base of the brain] to release thyroid stimulating hormone [TSH]. It stimulates the thyroid gland to release thyroid hormones. Due to even any small reason if this smooth ongoing process is interrupted, then it leads to thyroid problems which are chronic in nature.

THYROID PROBLEMS INCLUDE:

HYPOTHYROIDISM:
It is a very common thyroid problem seen in many people mostly children and females as it can affect men as well. Condition in which fewer thyroid hormones [below normal] are produced is known as Hypothyroidism. It can result from some autoimmune disorders {Hashinamotos thyroiditis etc}, partial or complete removal of the thyroid gland, pituitary gland diseases, malnutrition like iodine deficiency, heredity and some environmental conditions like stress.

SYMPTOMS include:
In children: Decreased growth mentally and physically, puffiness of face, laziness, overweight, loss of memory, constipation etc.
In adults: Decreased BMR, increase in weight, menstrual disorders includes the absence of menses or increased or decreased menstrual flow, infertility, dry skin, laziness, easy getting tired, sleeplessness, lack of concentration, constipation, cold intolerance and joint pains etc. are the symptoms commonly were seen.

HYPERTHYROIDISM:
The condition in which excessive [above normal] thyroid hormones are produced is known as Hyperthyroidism.

SYMPTOMS include:
In spite of proper diet there will be decrease in weight, early onset of menses, increased menstrual flow, infertility, increased sweat, shivering of hands, rapid heartbeat, diarrhoea, urticaria, hairfall, heat intolerance etc.

GOITRE:
Abnormal swelling of thyroid gland is known as Goitre. A goitre can occur in a gland that is producing too much hormones [hyperthyroidism], or little hormones [hypothyroidism] or correct amount of hormone [euthyroidism].

The main cause of goitre is iodine deficiency.

As the size of the gland increases, it may cause pressure over the windpipe causing the symptoms which include
difficulty in breathing, swallowing, hoarseness of voice protrusion of eyeballs is also another symptom of goitre.

**CAUSES OF THYROID PROBLEMS:**

Change in lifestyle, improper diet, excessive stress on mind, decreased physical activity, lack of exercise, lack of nutrition and iodine deficiency. Thyroid problems may also be due to some genetic disorders.

Diagnosis: Can be done by taking a complete thyroid profile [T3,T4,TSH], antithyroid antibodies, ultrasonography helps to determine the nature of thyroid nodule in goitre condition.

**HOMEOCARE TREATMENT:**

Considering the patient’s constitution means not only depending on the disease symptoms, but also on the constitution of mind and body constitution. Homeocare international treats the patient by its specific Genetic Constitutional Homeopathic treatment, so that we could know the exact cause of the disease and treat it from the basic levels, so that it gets completely cured without any recurrence. It is also a good natural way of treating thyroid problems because it has no side effects and a painless procedure to get relief.
THYROID

A young boy suffering from thyroid since 4 years took treatment at Homeocare International and without the need of external hormonal supplements, the patient was treated with very safe Constitutional Homeopathic treatment and he got completely cured.

PATIENT TESTIMONIAL
THYROID

PATIENT TESTIMONIAL

--- End of report ---
நீர்வீச்சின் கருத்துறவுகள்

ஓரங்கன் காம்போலில்

சொல்ல வேண்டிய விளையாட்டும் நேரத்தில் ஒரு நேரில்லாவிடம். கூட்டுத் தமிழ்த் தெருவாயிடம். காட்டும் தனிக்குறிகளுடன் ஒரு பேர் தான் வைப்போவது. ஹிட் கொட்டுக்குறிகளுடன் ஒரு பேர் தான் வைப்போவது. ஹிட் கொட்டுக்குறிகளுடன் ஒரு பேர் தான் வைப்போவது.

46

PUBLISHED ARTICLE

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www.homecare.in

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Psoriasis

Psoriasis is a common skin condition that many people are suffering nowadays, because of changes in life style. Psoriasis can make you feel deeply isolated and excluded and that can have serious psychological impacts when it’s combined with the chronic discomfort. Psoriasis can’t be handled emotionally. Coping with psoriasis can create stress which can make it get worse. There’s even some evidence that worrying about your psoriasis may make treatment less effective. This can become a vicious cycle, but this disease is not having any serious impact on person’s health condition.

It is an autoimmune disease in which the skin cells are attacked by our own immune system, which protects our body from invading infections. This is characterized by an excessive and rapid growth of upper layers of skin. Our skin cells that grow deep raise to the surface, normally this takes a month but in psoriasis, the process happens too fast. It is not at all contagious but it comes in genes. It is initiated by certain environmental factors. The factors causing may be both genetic predisposition and environmental factors. So it is very common to found psoriasis in same members of family.

Types of psoriasis-

1. Guttate Psoriasis: Often starts in childhood or young adulthood. It appears as small, pink, individual drop like spots on the skin of the torso, arms, and legs. These spots are not usually as thick as plaque lesions.


3. Psoriasis Vulgaris: About 80% of people with psoriasis are of this type also called as plaque psoriasis on the plaque there is silvery white buildup called scale. The scale is made up of dead cells which become loose and shed of constantly from plaque.

4. Inverse Psoriasis: In the folds of the underarms, navel, groin and buttocks

5. Erythrodermic Psoriasis: This is quiet serious type of psoriasis, large area of the skin is affected it looks bright red Inflamed (peeling red rash) and is rare.

It affects all races and both sexes as it is long-term (chronic) inflammatory skin condition. Many people note that their symptoms regarding psoriasis worsen in winter seasons only. Apart from the stress, infection, dry skin, cold dry weather, injury, alcohol can trigger psoriasis.
**Signs and symptoms:**

The most common symptoms of psoriasis include:

- Red patches of skin
- Scaly, sometimes silvery, skin patches
- Itchy skin
- Joint swelling, stiffness, or pain
- Most common sites are elbows, knees, scalp, back, face, palms and feet

**Psoriatic arthritis:**

- In one-third of the cases there is involvement of joint also which is also as called psoriatic arthritis it is one of the destructive type of arthritis

**Symptoms of psoriatic arthritis:**

- Low back pain, conjunctivitis, reduced the range of motions, swelling and stiffness of joints and fatigue. Psoriasis can also affect nails (finger nails and toenails) - small pits (pinpoint depression) or sometimes there is separation of the nail from the nail bed, there is also a colour change of nail

- Scalp psoriasis patches of scales or crust form on the head, it may lead to hair fall and severe itching, burning and soreness.

**Diagnosing psoriasis:**

There are

- First is physical examination because psoriasis is having typical symptoms - Another test is done by taking the sample of skin called biopsy which they examine under the microscope and diagnosed accordingly

**Homeopathy and Psoriasis:**

As psoriasis is an autoimmune disease in another system of medicine there is no cure for such kind of disease, but constitutional homeopathic medicines can cure it completely. In homeopathic point of view, we treat the person as a whole and on that basis only in Homeocare International constitutional remedy will be prescribed.

This means it looks at not only the patient’s psoriasis symptoms but also his or her general health and way of reacting to the environment as well as what drives him on an emotional level (body and mind nature). So after giving the correct homeopathic constitutional remedy, there will not be any growth of new patches, secondly, itching and redness will be reduced and then the patch will start reducing and then the complete health is restored.
PSORIASIS

A 65-year male was suffering from Psoriasis for 6 years. After consulting Homeocare International and undergoing treatment for 2 years, his Psoriasis got completely resolved and did not occur again.

PATIENT TESTIMONIAL
A 34-year male was suffering from Psoriasis since 2 years. After coming to Homeocare International his problem got completely cured with our genetic Constitutional Homeopathic treatment and he is very happy now. This shows the effectiveness of Homeopathy in curing skin diseases completely.
26 year old Mr. Ramesh was recently diagnosed with Psoriasis. After 6 months of Homeopathy Treatment at Homeocare International got tremendous positive results in his Psoriasis and there is no recurrence since 1 year.
சோமமாரிக்குத் தமிழ்ப் பதிப்பு நூலாய்வின் முடிவு நூற்றாண்டு

சோமமாரிக்குத் தமிழ்ப் பதிப்பு நூலாய்வின் முடிவு நூற்றாண்டு.
PATIENT TESTIMONIAL

N. R. H. - 84
18.5.15

Dear Sir,

I am writing to express my gratitude to you for your treatment and care. I had been suffering from kidney stones for several years, and I was in great pain and discomfort. I went to several doctors, but none of them could provide a satisfactory solution.

It was you who diagnosed my condition accurately and prescribed the right medication. I am happy to report that I am now pain-free and feeling much better. I am grateful for your expertise and your dedication to helping your patients.

Thank you once again for your help.

Yours sincerely,

Miss R. J.

Diagnosis - Renal Calculi
Dr. Suresh J.
KIDNEY STONES

PATIENT TESTIMONIAL

VIJAY SCAN CENTRE
120/4, Komaraj Nagar, RAJAPALAYAM - 626 117.

Dr. P. Vijay Babu M.B.B.S., D.M.R.D., Consultant Radiologist

Name of Patient : Mr. Perumalsamy, 39/M.
S/O. Mr. Muniyaridi.

Referred By : Dr. Sumathi.

Date – 25.04.14.

Thanks for Referral.

Real Time B Mode USG of Abdomen shows –

Liver – Normal in size with uniform echoes.
No focal lesion.

Intra and extra hepatic biliary radicals not dilated.

Gall Bladder – Normal. No calculus.
Pancreas, Para-aortic Region - Normal.
Spleen - Normal.

Right Kidney – 9.1 x 4.4 cm. Echoes Normal.
Calcium measuring 4.8 mm seen in the lower pole.
No Hydronephrosis

Left Kidney – 10.7 x 4.5 cm. Echoes Normal.
Calcium measuring 6.0 mm seen in the upper pole.
No Hydronephrosis.

Urinary Bladder – Normal. No calculus.
Prostate – 2.8 x 2.7 x 2.9 cm. Approx. wt – 12 gm.
Normal.

Right iliac fossa – No abnormal bowel thickening or mass seen.
No free fluid in peritoneal cavity.
No enlarged Nodes.

IMPRESSION:
Bilateral Renal Calculi.

P. [Signature]
Dr. P. Vijay Babu
KIDNEY STONES

PATIENT TESTIMONIAL

VIJAY SCAN CENTRE
120/4, Komoraj Nagar, RAJAPALAYAM - 626 117.

Dr. P. Vijay Babu  M.B.B.S., D.M.R.D., Consultant Radiologist

Ph: 04563-221079

Name of Patient : Mr. Perumalsamy, 39/M.
S/O: Mr. Muniyandi.

Referral by : Dr. Sumathi, M.B.B.S.,
Thanks for referral.

Real Time B Mode USG of Abdomen shows –

Liver - Normal in size with uniform echoes.
No focal lesion.
Intra and extra hepatic biliary radicals not dilated.

Gall Bladder - Normal. No Calculus.

Pancreas, Para-aortic Region - Normal.
Spleen - Normal.

Right Kidney – 8.2 x 3.8 cm.
Left  Kidney – 8.9 x 4.0 cm.
Both Kidneys Normal in size and echoes.
No Calculus or Hydronephrosis.

Urinary Bladder – Normal. No Calculus.
Prostate – 3.1 x 2.7 x 3.0 cm. Apprx. wt – 13 gm.
Normal.

Right iliac fossa – No abnormal bowel thickening or mass seen.
No Free fluid in peritoneal cavity.
No enlarged Nodes.

IMPRESSION:
Sonographically Normal Study.

Dr. P. Vijay Babu.
KIDNEY STONES

PATIENT TESTIMONIAL

Regd. Office # 03, Sri Sai Colony, SP Road, Sandesh Nagar - 509313, Telangana, India.
T: +91 98667 52770, 8880037271, 9890056637
E: info@homeocare.in
CIN. No: U95597260199PTC065548
www.homeocare.in

No 5, press J. Raju Colony ID No: KKPBUW28

Suffered 5 days of severe pain in right kidney (Kidney Stones)

After visiting Sri Chalukya Hospital on
Allopathic Medicine's advice, we were advised to go to a homeopathic doctor.

Attended Homeo Care International for
2 months of treatment and a gradual recovery. I now feel much better.

Mr. Ravi (Recipient) Dr. Christina Joyce, MD,

Attended Homeo Care International & Feels much better

Date: 9-9-2016
98346750313
ID No: KKPBUW28
KIDNEY STONES

PATIENT TESTIMONIAL

REGN DATE: 31/12/2015
NAME: MR. RAJASHEKAR
REGN NO: 151580597
REF DR: SUMATHI
PRINT DATE: 31/12/2015
AGE / SEX: 40 YEARS / MALE
REGN CENTRE: SANTOSH NAGAR

DEPARTMENT OF RADIOLOGY AND IMAGING SCIENCES
ULTRASOUND OF ABDOMEN & PELVIS

LIVER
Normal in size and shows homogenous echotexture. No focal or diffuse pathology seen. There is no evidence of intrahepatic biliary dilatation. CBD and portal vein are normal.

GALL BLADDER
Physiologically distended and shows no evidence of calculi / inflammatory changes / mass lesion.

PANCREAS
Normal in size, shape and echopattern.

Spleen
Normal in size (102 mm), shape and echopattern.

Kidneys
Right kidney: 97 x 44 mm; Left kidney: 102 x 45 mm. Both kidneys are normal in size, shape and echopattern. Collecting system is normal. No evidence of calculi in right kidney. Approx 3 mm calculus noted in lower pole of left kidney.

Urinary Bladder
Well distended. No calculi or masses seen. No wall thickening.

Prostate
Size: 34 x 32 x 25 mm (Volume: 15 cc) Normal in size, shape and echotexture.

No paraaortic adenopathy.

No ascites.

IMPRESSION:
* NON-OBSTRUCTING LEFT RENAL CALCULUS.
- FOR CLINICAL CORRELATION.

DR. AYAN
SONOLOGIST
KIDNEY STONES

PATIENT TESTIMONIAL

DEPARTMENT OF RADIOLOGY AND IMAGING SCIENCES
ULTRASOUND OF ABDOMEN & PELVIS

Clinical History: Follow up case of renal calculi.

LIVER
Normal in size (124 mm) and shows homogenous echotexture. No focal or diffuse pathology seen. There is no evidence of intrahepatic biliary dilatation. CBD and portal vein appear normal.

GALL BLADDER
Physiologically distended and shows no wall thickening.

PANCREAS
Normal in size, shape and echopattern.

Spleen
Normal in size (85 mm), shape and echopattern.

Kidneys
Right kidney: 92 x 37 mm; Left kidney: 98 x 41 mm Both kidneys are normal in size, shape and echopattern. Collecting system appears normal.

Urinary Bladder
Well distended. No wall thickening seen.

Prostate
Size: 28 x 26 x 26 mm (Volume: 11 cc) Normal in size, shape and echotexture.

No ascites.

Impression:

* NO SONOGRAPHIC ABNORMALITY DETECTED.
- FOR CLINICAL CORRELATION.

Released Date: 08/09/2016 12:52

Dr. Chandra Sekhara Reddy
Consultant Radiologist
PATIENT TESTIMONIAL

CH. MOSES, ID NO: MBTAT48.

As i am suffering from piles from last 10 years. So previously i used and treated by the different medicine. But there is no result.

I saw an advertisement on television in branch of "MASAB TANK". And my consultant doctor Mr. MOHAMMAD ABDUL ALEEM, gave my self and my family members also very happy about his treatment. He has good patience to listen all of my problems. Finally i got good result. I am very happy to say that now 100% healthy. I am very thankful to the Dr. ALEEM Gown and Staff and HOMEOCARE.

Thanking you,

[Signature]

CH. MOSES (9708461205)

ANDHRA PRADESH
HYDERABAD
YSR VYAVASAYI
TIRUAPATHERI
YTSKHPATHAM
RAJAHMUNDRY
GUNTUR
HYDRABHADA

KARNATAKA
BENGALURU
MUDI
MANGALORE
DAWANGERE
TAMILNADU
CHENNAI
COIMBATORE
MADURAI
ఎమ్మెల్యే పత్రికలో ప్రపంచ దేశాల్లో చెరిగా విద్యుత్ సాహిత్యాధికారి కృష్ణ బాబు రామచంద్ర రామచంద్రన్ని సందర్శించిన స్పష్టమైన విశేషాత్మక సాహిత్య పాతలు ఉండేవి. దేశంలో విద్యుత్ సాహిత్యం యొక్క ప్రతి వయస్సు ప్రస్తుతిక విద్యుత్ సాహిత్యం యొక్క ప్రతి వయస్సు ప్రస్తుతిక విద్యుత్ సాహిత్యం యొక్క ప్రతి వయస్సు ప్రస్తుతిక విద్యుత్ సాహిత్యం యొక్క ప్రతి వయస్సు ప్రస్తుతిక విద్యుత్ సాహిత్యం యొక్క ప్రతి వయస్సు ప్రస్తుతిక విద్యుత్ సాహిత్యం యొక్క ప్రతి వయస్సు ప్రస్తుతిక విద్యుత్ సాహిత్యం యొక్క ప్రతి వయస్సు ప్రస్తుతిక విద్యుత్ సాహిత్యం యొక్క ప్రతి వయస్సు ప్రస్తుతిక విద్యుత్ సాహిత్యం యొక్క ప్రతి వయస్సు ప్రస్తుతిక విద్యుత్ సాహిత్యం యొక్క ప్రతి వయస్సు ప్రస్తుతిక విద్యుత్ సాహిత్యం యొక్క ప్రతి వయస్సు ప్రస్తుతిక విద్యుత్ సాహిత్యం యొక్క ప్రతి వయస్సు ప్రస్తుతి విద్యుత్ సాహిత్యం యొక్క ప్రతి వయస్సు ప్రస్తుతి విద్యుత్ సాహిత్యం యొక్క ప్రతి వయస్సు ప్రస్తుతి విద్యుత్ సాహిత్యం యొక్క ప్రతి వయస్సు ప్రస్తుతి విద్యుత్ సాహిత్యం యొక్క ప్రతి వయస్సు ప్రస్తుతి విద్యుత్ సాహిత్యం యొక్క ప్రతి వయస్సు ప్రస్తుతి విద్యుత్ సాహిత్యం యొక్క ప్రతి వయస్సు ప్రస్తుతి విద్యుత్ సాహిత్యం యొక్క ప్రతి వయస్సు ప్రస్తుతి.
BACK PAIN AND WHITE DISCHARGE

PATIENT TESTIMONIAL

TESTIMONIAL FORM

PATIENT NAME: Sulanya R
PATIENT AGE: 19 years
PATIENT ID NO: MLHDC-21
PROBLEM: Back Pain & white discharge

PATIENT'S TESTIMONIAL

I am Sulanya R, I am coming from past 7 months to take treatment for Back Pain. Now, I am alright 95% better. So, thank you, for Barhan Nathon for treating me well in Homeo Care International.

Thank you.

DATE: 5/9/15

Signature of Patient:

An ISO 9001:2008 Certified clinic with German Accreditation
PATIENT TESTIMONIAL

My daughter K. Sweethaa had undergone various treatments, including English treatments and even Siddha for her Vizhing problem. From the age of 8 to 3 years, she had been treated for the same. But the frequency of the illness existed the same. When we came here to Homeocare International on December 2014, Doctor Mr. S. Ramnathan heard all her past medical reports and gave her medicines. For the past two years, she has been taking the Homeocare treatment and her health has improved a lot. Now her Vizhing problem and Sneeze and cough also had been reduced. She is free from all her respiratory problems. Thank you for Dr. Ramnathan and all the support given by the Homeocare Sla.

Sweethaa
PATIENT TESTIMONIAL

[Handwritten text]

*Testimonial*

[Handwritten text]

[Initials and dates]
36-year old Mr. Srinivasulu was suffering from Varicose Veinous Ulcers for the last 6 years. With eight months of treatment at Homeocare International gave a solution to his sufferings.

**COLOR DOPPLER STUDY OF RIGHT LOWER LIMB VENOUS SYSTEM**

The common femoral veins, superficial veins, Popliteal veins, Posterior tibial veins and anterior tibial veins of lower limb were examined.

**DEEP VENOUS SYSTEM:**
All the examined vessels show normal colour flow with respiratory phasification.

All the examined veins were compressable.

No evidence of thrombosis.

Spectral doppler show normal flow of venous blood.

No changes of acute or chronic DVT.

**SUPERFICIAL VENOUS SYSTEM**

Severe reflux noted at saphenofemoral junction.
Long saphenous vein is dilated measuring a diameter of about 8 mm in the thigh region and about 6-7 mm at knee level.
Superficial veins in the anteromedial aspect of leg are seen severely dilated and tortuous. Long saphenous vein is also dilated and tortuous in the leg.

Incompetent perforators are not visualised.

Short saphenous vein is normal in course.

No evidence of any reflux in the sapheno Popliteal junction.
ULCER
ULCER

after
Sri Dr. K. Rosaiah, Hon’ble Chief Minister, Govt. of AP &
T.G. Venkatesh, MLA,
Honouring our CMD Dr. Srikant Morlawar on Doctors’ Day for his
achievements in the field of Homeopathy

CMD with Kannada Power Star Puneeth Rajkumar at
1 Crore Smiles logo launch event – Karnataka
EVENTS

CMD Dr. Srikant Morlawar with Kalaimamani Ezhuthu Sithar Thiru Balakumaran at our Salem Branch Inauguration- Tamil Nadu

CMD Dr. Srikant Morlawar with Sri Siddaramaiah, Hon’ble Chief Minister, Govt. of Karnataka, at an event in Bengaluru

CMD receiving ‘Business Leader 2015 Award’ - Hyderabad

CMD with the blessed mothers at the Homeocare Baby Show - Hyderabad

CMD with Kalaimamani Ezhuthu Sithar Thiru Balakumaran at the Arogya Magazine Launch - Tamil Nadu

CMD addressing the media at an award function - Hyderabad
Events

**Homeocare Baby Show**

Couples celebrating the joy of parenthood, who were benefited through our Constitutional Homeopathy, sharing their happiness at our event in Davangere Clinic, Karnataka.

CMD gifting Super Star Krishna with a Portrait on his birthday
EVENTS

Our CMD with Kannada Power Star Puneeth Rajkumar at the inauguration of Asia's largest homeo clinic at Malleshwaram

Our 1 Crore Smiles logo launch event was graced by prolific writer Kalaimamani Ezhuthu Sithar Thiru Balakumaran
TELANGANA: Hyderabad (Abids, Begumpet, Dilsukhnagar, Jubilee Hills, Kukatpally, Masab Tank, Miyapur), Hanumakonda, Karimnagar, Nizamabad.

ANDHRA PRADESH: Vijayawada, Visakhapatnam, Tirupati, Rajahmundry, Guntur, Ongole, Nellore.

KARNATAKA: Bengaluru (Jayanagar, Malleshwaram, Indira Nagar), Hubballi, Mangaluru, Davangere, Ballari, Mysuru, Kalaburgi (Gulbarga), Belagavi.

TAMIL NADU: Chennai (Aminjikarai, C.I.T. Nagar, Tambaram), Coimbatore, Madurai, Trichy, Salem.

PUDUCHERRY (UT)